

Early Years Training Course

2 days

The Nurturing Programme provides an excellent framework for building children's personal, social and emotional development in Early Years and primary school settings. This two-day training course for all staff explores the principles for implementing the Nurturing Programme approach, promotes the development of social and emotional learning and offers guidance on leading Circle Time.

Family Links Early Years training meets the requirements of the EYFS Statutory Framework for personal, social and emotional development; helping children to develop a positive sense of themselves, and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

Benefits of training:

- ✓ helps early years settings ensure they are calm, kind, respectful communities
- ✓ supports the learning goals of the EYFS, developing children's self-confidence and self-awareness, helping them to manage their feelings and behaviour and to form positive relationships with adults and other children
- ✓ encourages an environment in which staff stresses are reduced and children feel emotionally safe, able to learn and fulfil their potential
- ✓ brings a whole-setting approach to understanding children's feelings and the behaviour that follows
- ✓ offers effective techniques for managing challenging behaviour through a consistent, positive approach to discipline
- ✓ provides a structured 10-week Children's Programme, repeated each term, explored in Circle Time and other related activities
- ✓ offers a way of improving the self-esteem and emotional health of adults and children

The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.

- ✓ Promotes emotional literacy and emotional health
- ✓ Enhances self-esteem, self-awareness and empathy
- ✓ Develops communication and relationship skills
- ✓ Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children

Cost of training: **£3600 per group of up to 25 people**

Cost includes facilitator for two days, a copy of The Teaching Puzzle book and EYFS Handbook per trainee and 4 sets Nurturing Games. Not included: training venue, refreshments and lunches.

"After attending the Nurturing Programme, I had a completely new understanding about the children and how to approach their behavior"

"Extremely useful and informative. Helpful approaches to deal with different challenges."

For further information or to book please contact education@familylinks.org.uk or call 01865 401800.