

# PLAYFUL PARENTING WORKSHOPS: PROMOTING SECURE ATTACHMENT AND EARLY LEARNING



This 1-day training course is for practitioners who have already trained as Parent Group Leaders or Welcome to the World Group Leaders. The course highlights the importance of play and of building attachment through play. It focuses on understanding of child development, the brain, attachment and how play supports healthy development. The course explores the value and benefits of different types of play and opportunities for quality play in everyday life. It provides the knowledge, skills and resources to deliver two 2-hour workshops. The workshops can also be delivered on a 1:1 basis.

## LEARNING OUTCOMES FOR PROFESSIONALS

- ✓ Develop a deeper understanding of the importance of play and of building attachment through play.
- ✓ Understand how child development, the brain and play support healthy development.
- ✓ Explore the use of child-centred play skills to support development and the use of cheap/free resources to create quality play opportunities.
- ✓ Develop confidence in promoting positive approaches to discipline and boundary setting.
- ✓ Develop knowledge and skills to support parents in their play with children.

## RESOURCES

The training includes a copy of the Playful Parenting manual for practitioners.

## OUTCOMES FOR PARENTS AND CHILDREN

- ✓ Developing parents' understanding of the importance of play and of building attachment through play.
- ✓ Increasing parent's understanding of child development, the brain, attachment and how play supports healthy development.
- ✓ To increase parents confidence using child-centred play skills to support development and use cheap/free resources to create quality play opportunities.
- ✓ Promoting positive approaches to discipline and boundary setting.

### BOOK TRAINING:

#### **£220 face-to-face or £115 per person online**

Visit our [online training calendar](#) to see training dates and locations and book your place.

#### **£2,850 in-house team training**

For a group of up to 20 Parent Group Leaders / Antenatal Group Leaders, face-to-face. To find out more or to discuss booking a team training, please get in touch.

Prices applicable to training courses delivered on the UK mainland.

