

TALKING TEENS CPD REFRESHER DAY

THE CENTRE FOR
**EMOTIONAL
HEALTH**

ONLINE OR FACE-TO-FACE

The Talking Teens Refresher Day is a 1-day online training for practitioners who have completed either The Centre for Emotional Health's 1-day or 2-days training to deliver Talking Teens Parent Groups and who are using the programme to support parents in groups or individually. Through activities, group work, fun and nurturing, Talking Teens Parent Group Leaders will revisit the fundamental principles of the programme and enhance their parent support skills. Relevant updates and national initiatives will be included.

LEARNING OUTCOMES

- ✓ To review and reflect on facilitation skills
- ✓ To review strategies from the Talking Teens programme
- ✓ To assess our practice as Talking Teens Parent Group Leaders
- ✓ To problem-solve challenges to our practice through working together
- ✓ To network and update on local and national development
- ✓ To nurture ourselves

BENEFITS OF TRAINING

- ✓ Refresh and refine Talking Teens Programme principles and practice
- ✓ Update on new developments
- ✓ Opportunity to revisit programme activities
- ✓ Identify and resolve any issues or questions from the team
- ✓ Re-energise and re-focus Talking Teens Parent Group Leaders



TALKING TEENS QUALITY

Talking Teens is psychologically and theoretically robust, drawing on cognitive, behavioural and affective approaches, as well as developments in the science of teenage brain development.

BOOK TRAINING:

£60 per person online

Visit our [online training calendar](#) to see training dates and book your place.

£2,250 face-to-face or £1,150 online for teams

For a group of up to 20 people. To find out more or to discuss booking a team training, please [get in touch](#).

Prices applicable to training courses delivered on the UK mainland.

