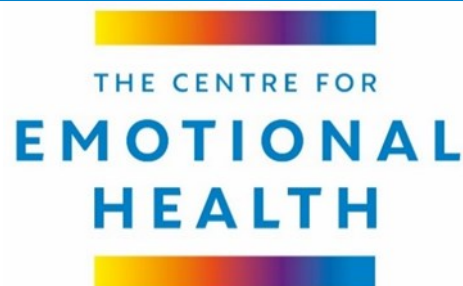


WELCOME TO THE WORLD REFRESHER DAY - ONLINE



The online Welcome to the World Refresher Day is a 1-day online training for practitioners who have completed either The Centre for Emotional Health's 2-day or 4-day training to deliver Welcome to the World antenatal parent groups, and who are using the programme to support parents in groups or individually. Through activities, group work, fun and nurturing, Welcome to the World Parent Group Leaders will revisit the fundamental principles of the programme and enhance their parent support skills. Relevant updates and national initiatives will be included.

LEARNING OUTCOMES

- ✓ To review and reflect on facilitation skills
- ✓ To review strategies from the Welcome to the World programme
- ✓ To assess our practice as Welcome to the World Parent Group Leaders
- ✓ To problem-solve challenges to our practice through working together
- ✓ To network and update on local and national development
- ✓ To nurture ourselves

BENEFITS OF TRAINING

- ✓ Refresh Welcome to the World programme principles and practice
- ✓ Update on new developments
- ✓ Opportunity to revisit programme activities
- ✓ Identify and resolve any issues or questions from the team
- ✓ Re-energise and re-focus Welcome To The World PGLs

NURTURING PROGRAMME QUALITY

The Nurturing Programme (Welcome To The World) is psychologically and theoretically robust, drawing on cognitive, behavioural and affective approaches.

BOOK TRAINING:

£60 per person

Contact [online training calendar](#) to book your place.

£1,150 in-house team training

For a group of up to 20 practitioners. To find out more or to discuss booking a team training, please [get in touch](#).

Prices applicable to training courses delivered on the UK mainland.

